



Whatever your employment needs, Westminster Employment at WCIL is here for you. Led by Geoff Liddington, Westminster Employment provides a range of services for both regular and first time visitors to the centre.

Highlights of the services offered include help with job searches, signposting for training courses, help with CV development and applications and job applications.

Key to Westminster Employment has been the development of Job Club. Started in February 2009, Job Club fosters a team approach to job searching in a supportive environment.

The club reveals top tips for searching and identifying potential work. This is done through web-based work, presentations on various topics such as Access to Work, application and interview techniques. We also have a range of guest speakers talking on different subjects e.g. what employers want.

Job Club takes place every Wednesday afternoon. For further details on all employment services at WCIL, contact Geoff Liddington (geoff@trainingforlife.org)



Changes to the Information Service



WCIL will be changing the way the Information Service is provided. It will continue to be led by Paul Venn on Monday, Thursday and Fridays, but it will now be incorporated into the IT service, creating a 'one-stop shop' for disabled people's IT and Information service needs.

Paul will be working alongside Hadriana Evans and will focus upon the following areas:

- Oversee the use of the computers and printing in the café
- Offer advice and tips for any disabled person using the internet for information

Keep the Kids Happy Sunshine Corner at WCIL



WCIL has linked up with Bayswater Children's Centre and Kids to offer a new fun drop in centre for all mums, dads and carers with children under five. Activities include arts and crafts, playing and singing. Sunshine Corner is open for either parents/carers with disabled children or disabled parents/carers with children.

Sunshine Corner takes place at every Thursday. For more information contact Dany Baker (Dany@trainingforlife.org)

Latest news from The Cafe



Since launching in April, The Café at WCIL goes from strength to strength. Clients and visitors have been praising café manger, Naima's freshly prepared breakfasts, sandwiches, baguettes and hot specials. It may only be September, but now is the time to get your Christmas lunch in the diary. Throughout December, The Café will be offering regular Christmas lunches – clients will be able to choose from traditional turkey with all the trimmings to something with a twist. Further details will appear in the next issue of WCIL Update.

We are also planning to introduce a triage or screening service for any disabled person coming in for advice and information. There will be an 'on duty' support worker to meet the individual, assess their need and provide suitable advice. Further details on this service will appear in the next issue.

The IT facility in The Café will be available until 5pm each day. Paul Venn will be on hand for support every Monday, Thursday and Friday from 9am to 5pm. For more information contact Dany Baker (dany@trainingforlife.org)

WCIL UPDATE

The latest news from Training for Life Westminster CIL



Over the last year WCIL has come a long way from being a day care centre to becoming a centre for independent living – this has included the development of IT skills, Job Club and art classes (recently showcased at the Colourful Explosions event). However we want WCIL to become increasingly an organisation of disabled people.

In the coming months we will be establishing a user-led management committee. Members will play a key role in the development and direction of the centre. This is just the first step in the change of leadership for the centre. It is our aim that by 2011 management of WCIL will comprise up to 75% disabled people

The committee will meet regularly with the centre director, where it will approve, comment upon and amend proposals, whilst raising development ideas. All committee members will receive full training to ensure they can carry out their role effectively.

People wanting a place on the committee will need to take part in a full application process. Further details will be available by the end of October.

Geraldine

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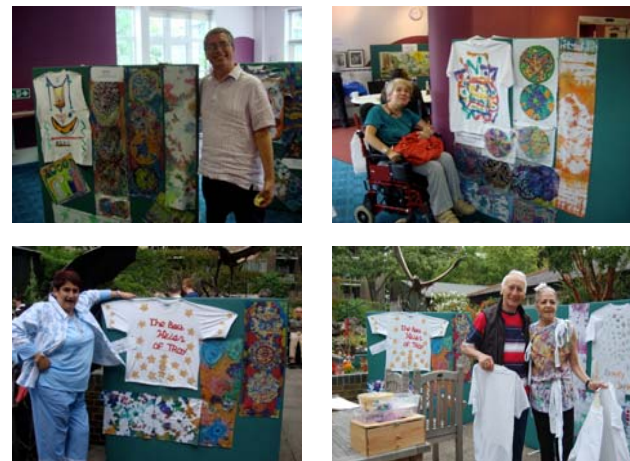


Colourful Explosions

HITS WCIL



WCIL was ablaze with colour on 20th August as the centre held its first art exhibition. Friends and families flocked to see the work of the art class taught by Angela Leacock. Over the last ten months the classes have enabled disabled people to work on a variety of art methods from tie and dye to T-shirt printing. The exhibition was a chance for the artists to showcase their new found skills, which included workshops for everyone attending the event.



Inspirations – disability art back in October!

Providing a unique opportunity to meet renowned disabled artists face to face, the Inspirations series at WCIL continues apace.

The next event will take place on 30th October when the speaker will be **Jon Adams**, whose work includes themes of hidden disability and positive dyslexia awareness.

Email: Russell@trainingforlife.org for details.



Art classes take place every Monday and Friday. People need to register for one of the days. Places are limited, so contact **Catherine Njau** (CNjau@trainingforlife.org) for more details.



The latest IT courses

Whatever your level of ability there's always something new to learn in IT. **Early Bird Computing** is ideal for those who have never used a computer. Join one of our morning sessions and learn how to start typing/dictating a short letter, send emails and use the internet. For those with a little more experience **Computing for beginners** is a ten week course helping you to make your computer work better for you. Top tips include, making your computer more accessible, keyboard and mouse skills, using MS publisher and Powerpoint and an introduction to digital designing.



Other courses include **Searching information on the Internet, e-learning** and **digital design**.

Places on all courses are limited, so to reserve your place contact **Hadriana Evans** (Hadriana@trainingforlife.org).

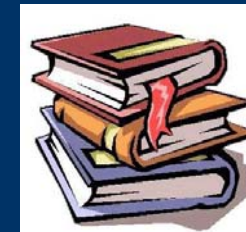
WHAT'S ON



Money Advice Workshop

Worrying about your finances is a recipe for stress. Thankfully WCIL can help you take control of the situation with our Money Advice Workshop. Taking place on third Wednesday of each month this group workshop shows you how to properly budget, prioritise your bill payments and how to become more financially independent.

For more details contact **Catherine Njau** (CNjau@trainingforlife.org).



Literacy Classes

Developing your literacy skills is a key step in developing your independence. WCIL has joined forces with Westminster Adult Education (WAES) to offer a weekly literacy skills session. Whatever your level, the classes will help you develop your reading, writing and mathematic skills.

Sessions take place every Tuesday and Thursday. For more information contact **Catherine Njau** (CNjau@trainingforlife.org).



Admin Service

Need help writing important letters or email? Want tips and advice on sorting out your paperwork? Then the Admin Service is here for you. Available every Fridays, the Admin Service will help you with letter and email writing while offering support and advice in dealing with all your admin needs.

Sessions take place every Friday 11am – 1pm. To make an appointment contact **John Ruby** (JRuby@trainingforlife.org).



User-Involvement Training

Unsure about the future of WCIL? Want to play a role in shaping the future of the centre?

Then WCIL's forthcoming User-Involvement Training courses will provide a background to the changes at WCIL. They will provide you with the skills and knowledge to make the development of the centre work for you.

Further details on courses will be published in the next issue. Email Geraldine@trainingforlife.org for more details

Coming soon...

Drama classes ~ Spanish lessons ~ French lessons ~ Arabic lessons
Watch this space for more details or email Russell@trainingforlife.org